

PG Northern Triathlon Sprint Bike Course 20km - Ages 16 and Up

Exit the transition and maneuver through the parking plot
Exit the parking lot and turn right onto 18th Ave
Turn right on to Foothills Blvd
Continue straight until the off ramp for Otway Road
Exit the off ramp for Otway Road
Turn Left to cross the overpass
Turn Left to re-enter Foothills Blvd
Merge onto Foothills Blvd
Continue straight to 18th Avenue
Go around the traffic circle and exit back onto Foothills Blvd
Continue straight until the off ramp for Otway Road
Exit the off ramp for Otway Road
Turn Left to cross the overpass
Turn Left to re-enter Foothills Blvd
Merge onto Foothills Blvd
Continue straight to 18th Avenue
Enter traffic circle and exit onto 18th Avenue
Returning to transition area

Please listen to traffic control person at Foothills Blvd and 15th Ave. They are they to manage traffic in the intersection. Ultimately you are responsible for your own safety. The road is open to traffic and all participants must obey rules of the road. Cyclists need to remain in the bike lane. When passing a competitor, call out "ON YOUR LEFT!"

16 AND OVER BIKE COURSE CLOSSES AT 9:00AM

